



# LABOR'S MTC VIEWS

114 Poquonnock Rd, Groton, CT 06340

December 2021

Vol 43 No. 12

MTCNLC.ORG

This past year we have been faced with many challenges that we took head on. Overcame many obstacles. Corrected injustices from a bygone era. And, continued to promote our safety and wellness programs. It has not all been rainbows, bubble gum, and unicorns, but we made progress.

We came into the year amidst a Global Pandemic where we would have to deal with vaccinations, mask, and mandates or potentially become unemployed. The deadlines for the mandates and OSHA regulations have been extended, bastardized, and held up in the courts. There is nothing to celebrate. The OSHA standard gave an alternative to mandatory vaccinations, provided protection for workers, and gave relief to persons who became sick from the vaccine or infected at work.

Our Safety Committee has attended trainings to keep them aware of trends, and ahead of things contemplated while promoting our safety initiatives and new programs.

Historically, members who had their clearances suspended or revoked were terminated. In June of 2019 we corrected that injustice in part by executing a Memo that clarified the policy and those members became laid off. In November we capitalized on that memo, the need to grow the workforce, the amount if work available, and cooperation from the Company to provide work (with conditions) for those members.

The Metal Trades Council and affiliated Local Unions though not always in agreement with each other have stood shoulder to shoulder throughout this year and that is how we will march into the New Year. We will continue to take the issues head on to be more proactive than reactive. We will celebrate our victories and mourn our losses all for the betterment of our members.

With that, Merry Christmas. Happy Holidays. And a Safe, Healthy, Prosperous New Year.

I Remain, Fraternaly Yours  
Peter E. Baker  
President

## THEY'RE NOT GREAT

Kellogg is hiring permanent scabs while their Union workers are on strike.

Support other unions and boycott Kellogg during this strike.

## Phone List

**Peter E Baker** 445-6383  
**MTC President**

**John Adamson** 445-1277  
**MTC Vice President**

**Richard McCombs** 445-1277  
**MTC Rec. Sec'y**

**Cat Race** 445-1277  
**MTC Sec'y Treasurer**  
**MTC Safety**

**George Nowosielski** 445-8170  
**Local 777**

**Dennis Urquhart**  
**Local 1122** 401-573-6956

**Richard (Chick) McCombs**  
**Local 261** 445-2224

**Jim Spencer** 445-8619  
**Local 1871**

**Pat Joyce** 445-4973  
**Local 614**

**Danny Sanchez** 448-2577  
**Local 547**

**Rob Hill** 575-1384  
**Local 493**

**Paul Bruno** 445-1216  
**Local 106**

**Frank Ward** 501-3263  
**MTC Benefits Rep**





# LOCAL 106

Congratulations and a Happy Retirement Linda Bartolucci of Department 424 retired in Oct. Linda was the fifth senior member of Administrative Clerks. She started in Dec. 1974 and

leaves after more than 46 years at EB.

### UNION MEETINGS

Union meetings are important and I encourage you to come and participate in the affairs of our Union. The monthly meetings normally lasts about 30 minutes and your participation will help to make this Union even stronger.

### INSURANCE OPEN ENROLMENT

It's almost that time of year again. Be ready to select the coverage that is best suited for your needs.

### UNION REMINDERS:

**NEW HIRES YOU** must stay on top of your insurance coverage. There are many choices for you to review and time limits for you to apply for these benefits. You are now eligible to join the insurance between days 0-30 of your date of hire. This is the only 30 days to execute access to the health plan. If you do nothing you will automatically get medical but will not receive dental, extra eye care, and additional life insurance. If you are married or married with children, they will not be covered. It is important to enroll as soon as possible. Do not be late. I suggest that you call to make arrangements for health insurance since all calls are recorded. In the past, there were problems with online enrollments. There are many options to choose or reject. Contact General Dynamics Service Center (1-888 432-3633)

Monday - Friday 9am to 9pm. OR [www.gdbenefit.com](http://www.gdbenefit.com) (24hrs/7days). Any questions call EB Benefits: 860-433-4201 or Frank Ward, Union Insurance Representative: 860-501-3263.

### "Weingarten" Rights

If YOU are sent to SECURITY for any reason or are being questioned by MANAGEMENT, YOU should request a STEWARD. YOU do not have to answer any questions until you have **UNION REPRESENTATION**.

Youtube Weingarten Rights: Training for Shop Stewards. View the brief ten minute video from OPEIU Local 8. [www.opeiulocal106.org](http://www.opeiulocal106.org)

Visit this site and search the many links of valuable information. The Media Center is one example that is updated by our International Union with new information on Union

Benefits and current issues of interest.

### LABOR'S VIEWS ON LINE

LABOR'S VIEWS may be seen on [opeiulocal106.org](http://opeiulocal106.org) and the Metal Trades Council web site [mtcnlc.org](http://mtcnlc.org). LABOR'S VIEWS is also accessible on EB computers link to the MTC website to Homeport. If you would like a copy please email our Recording Secretary, Maggie Marley, at [prof.emp@snet.net](mailto:prof.emp@snet.net) and ask to be added to the email list. Please state "Subject LV" and use your home email address.

### DECEMBER UNION MEMBERSHIP MEETING

Monday, December 13, 2021, at 5:30 p.m. and will be held at the Union Hall, 171 Thames Street, Groton, Connecticut.

Special Orders: Nominations for Local 106 Stewards and if needed elections will be held in January.

### JANUARY UNION MEMBERSHIP MEETING

Monday, January 10, 2022, at 5:30 p.m. and will be held at the Union Hall, 171 Thames Street, Groton, Connecticut.

Special Orders: Nominations and Elections for MTC and Southeastern Connecticut Central Labor Council Delegates.

### UNION REMINDER

Dues Increase: Due to per capita tax increases, our Local dues will be increased by \$1.00 per month effective January 1, 2021.

### STEWARDS FOR EB:

Justin Briggs D438 860-460-3197

Arlene Allard D221 X37797 2 nd Shift

Mark Cross D321 X35569 3 rd Shift

### UNION COMMUNICATIONS:

Local 106 Web Site [opeiulocal106.org](http://opeiulocal106.org)

Local 106 Phone 860-445-1216 / FAX 860-446-0175 / e-mail [prof.emp@snet.net](mailto:prof.emp@snet.net) Do not send e-mails to any EB addresses. We may not get them. If you have sent an e-mail and did not get a response in a day or two please call the Union Hall.

International Union Web Site- [opeiu.org](http://opeiu.org)

International Magazine White Collar

Union Benefits- [UnionPlus.org](http://UnionPlus.org)

Metal Trades Council- [mtcnlc.org](http://mtcnlc.org)

If you change your home address, phone number, or e-mail do not forget to notify the Union.

### PLEASE, TRY TO ATTEND UNION MEETING

Paul A. Bruno Jr.

President/Chief Steward

## Local 777

As of the writing of this article, we are still awaiting some kind of official statement from the company

Joe Bidens administrations mandate regarding the covid shots employment status. It really is a shame to go on this long, I believe the company is trying to get answers for all of us but the uncertainty of whether you are going to have a job or not after the deadline is working on many people. Some have left for other employment, some are retiring because of their reluctance to get the shots. Our next contractual raise is December 19th, a 3% GWI. Also. Please remember to get your safety work boots, the Stewards should be

able to help you if you don't know if you have available money in the program, and be sure to complete your open enrollment on time for your insurance needs.

On behalf of all the officers and Stewards, we wish everyone a safe and happy holidays, and have a good shutdown.

George Nowosielski - Chief Steward





# Local 1871

Next meeting is our day for voting!! It will be on December 9th and voting will take place all day from 4:30pm. Please stop by the hall. Meeting will be held afterwards at 5pm.

**TURKEY DRIVE IS UNDERWAY! If you or someone you know needs a full holiday dinner basket, please contact someone from the Union.**

New hires! Feel free to come to the monthly meetings and get more involved. Sooner or later, you will need to take over the reins.

If you have family medical leave that you know you will need to take next year, you can start submitting applications now for paid leave. **INSURANCE UPDATE:** If you are out for more than 30 days and need to pay insurance, the General Dynamics Service Center will mail you a form and instructions. If you do not receive this letter in a timely manner, please call (888)432-3633.

Before you retire, please contact the union, and let us know. You **DO NOT** need to submit a withdrawal card. Retirees can receive a union jacket and/or watch. 40 years or more will receive both. 15-40 years will receive a watch. Make sure to inform the union if you will be out of work for an extended amount of time so that we can make sure your dues are adjusted.

**CHANGE OF ADDRESS OF PHONE NUMBER? PLEASE** inform a union representative. The company is not allowed to share this kind of information with us.

If you are a Military Veteran, please see Christopher Wasilewski on first shift for support.

**New Members:** Between days 0-30 days after your date of hire you must log onto the General Dynamics Service Center website at [www.gdbenefits.com](http://www.gdbenefits.com) to enroll yourself, and your dependents, in the benefits package.

As always, do not forget to use the safety boot and eyeglass program that was negotiated by the MTC. A list of the different shoe manufacturers and times that they will be outside the front gate is available. The eyeglass store is open on both the inside of the main gate and the outside entrance for your convenience, check bulletin boards for the times they are open. (Also Last Page of Labor View) **IMPORTANT:** If you are put on notice, going to be disciplined, or sent to Security to give a statement of any kind, you have the right to have a steward present. Your first words should be, "I want to talk to a Steward".

Union Hall Phone Number: 860-445-8619

## Stewards

Chief Steward:

James Spencer 860-705-2266

First Shift OSM:

Bill Harris 860-510-8315

Mark Sousa 401-743-3033

Mike Fantacci 860-884-7339

First Shift Machine Shop: Michael Shell 860-303-0257

First Shift All Other Areas: Janet Orr 860-608-8528

Second Shift ISM: George Raposa JR 860-908-0002

Second Shift OSM: George Blanchette 860-908-4149

Bill Ericson 860-705-6739

Second Shift All Other Areas: James Marcy 860-617-8035

Third Shift All Areas:

United Way Contact: Janet Orr 860-608-8528

## MEETING NOTICE:

Meeting dates for the year will be posted on one notice in Pleasant St Groton, CT 06340.



Jimmy Spencer  
President / Chief Steward





# Local 1122

With a heavy heart I would like to send my condolences to the family of Kenny Olsen. Kenny was a longtime painter at Electric Boat with over 30 years of service to the painters. I would like to wish a long and healthy retirement to Arthur Guay. Art retired last month with over 40 years of service to the painters and Electric Boat. Congratulations and best wishes!

As we move through November and into December there are many things I would like to discuss. Veteran's Day just passed and I would like to wish all our service members a Happy Veteran's Day. Thank you for your service to this great country. We would not be who we are without your hard work and sacrifices. I would also like to wish everyone a Happy Thanksgiving. Enjoy this time with your family. We have all had a rough 20 months with this pandemic and now more than ever is a time to appreciate being together. The weather is changing. The cold is upon us. I urge every member to dress warm and be prepared for less than ideal working conditions as winter in the shipyard can be a tough and unforgiving place. Remember though even with the proper attire that it is necessary and acceptable to warm yourself frequently when working in inclement weather. Also a reminder that time is running out to get your free or reduced price safety boots for the year. We are all on our feet all the time. Get your new boots if you haven't yet. Work is picking up in the shipyard. Please continue to wear and use your safety equipment and PPE. No one wants to get hurt and no one can predict when an accident is going to happen. Be prepared, work safe and go home safe. Lastly, I would like to welcome our new hires to the paint department. Any questions you have ask your stewards, working leaders, OJT instructors, and senior members. We are here to help each other. Work smart and work safe.

**Debit Card Replacement :** If you happen to lose your Fidelity Health Savings Account (HSA) Debit Card, log onto [FidelityDebitCard.com](https://www.fidelity.com/debitcard) to request a new one.

**Subbase NSSF and ARDM Shippingport request form :** The Department will no longer survey, you will have to fill out a form. See your steward for this form.

**Benefits :** Ernest (TJ) Holley is our benefits rep. Any questions concerning benefits he will get the answer for you.

**Overtime :** Ron Ingves is the overtime coordinator. Any questions concerning overtime he will get the answer for you.

#### **Stewards :**

**First shift Stewards:** Allen Claar All Nuclear issues 813-300-9957 Ernest (TJ) Holley 860-538-1926 Ron Ingves 860-334-8141.  
**Second shift Stewards:** Chris Wilson 860-961-2930 Alts- Elaine Key 860-460-7621 Edwin Garay 860-910-2072  
Ryan Osborne 860-389-6306.

**SAFETY :** Just a reminder that safety is everyone's concern. If you see an unsafe act you should report it to your Union Steward or M.T.C. Safety Steward. They will take the necessary actions to correct the situation. Contact MTC safety at 860-445-6383.

If you are sent to Security for any reason or are being questioned by any Management, **YOU SHOULD REQUEST A STEWARD !!!**  
**REMEMBER, YOU HAVE THE RIGHT TO UNION REPRESENTATION, AND YOU DON'T HAVE TO ANSWER ANY QUESTIONS WITHOUT THIS REPRESENTATION.**

**IMPORTANT:** Members who are out of work on any leave of absence such as Workers Compensation, Sedgwick short term disability insurance, FMLA, etc. it is your responsibility to pay your portion for medical, dental, and vision. You can be dropped from your benefits if you don't keep up your payments. Please don't forget to notify the Union Hall (860-442-8281) if you change your address, phone number, or name. We need to have the correct information! When you notify the company of these changes they do not give the Union this new information. We appreciate your cooperation in this matter.

**REMINDER:** If you are out of work on compensation or accident & sickness insurance or any unpaid leave it is your responsibility to pay your dues. If your dues fall behind more than three months, your membership could be suspended. If you are out of work and have any questions regarding your dues, please call the Union Hall at 860-442-8281.

**IMPORTANT:** It is advised that you notify me one week in advance or as soon as you know when you will be returning to work from any Medical, Compensation or unpaid leave. The company doesn't know if you kept your dues paid up while you were out. It is important that I know your return date so I can submit a letter to the company to have your dues zeroed out under non collected. Once the company takes out your dues it will take me at least a month to return your money.

The monthly Union meeting of Painters' Local #1122 will be held every 4th Monday of each month at the Union Hall 597 Broad St., New London, Ct. at 7:00 PM. Second shift employees please give your foreman 24 hours notice if you plan to attend the meeting. If you have any problems/issues to discuss, the union meeting is the place to do this. If I can be of any assistance to you, please don't hesitate to contact me. My numbers are 401-573-6956 & 860-941-1579 and my email is [painters.union@yahoo.com](mailto:painters.union@yahoo.com).

Thank you for your ongoing support.

Fraternally yours,

Dennis Urquhart - Chief Steward of Painters' Local #1122

# Buford's

# LiUNA! Local 547

*Feel the Power*

Season's Greetings. I would like to remind

all our members that if your contact info has changed that you will need to call the union hall and inform them of said changes. The company does not share this info with the union so I ask everyone to please call the office with all new address & contact phone numbers, please. In order for the union to provide you with any literature or info pertaining to any and all union related news in a timely manner, your updated contact information is vital. The union hall # is 860-448-2577.

Dec 17th between 1pm-7pm, there will be a Union Christmas party for all members. The address for the union hall is 268 Thomas Rd, Groton, CT 06340. I hope to see you there.

May all our members have a safe and happy holiday and a wonderful new year.

Fraternally yours, Danny Sanchez

## Local 493



**REQUEST A STEWARD** If you are being sent to Security for any reason or are being questioned by management you have the right to have a Steward present. You do not have to answer any questions until you have union representation.

### STEWARDS

1st Shift - Keith Coppin 860-433-4657 Scott Harris 860-574-0208

1st Shift Alt - Scott Partosan 860-433-5816

2nd Shift -John Ogden 860-433-4657 2nd Shift Alt 203-512-5959

**SAFETY:** Safety should be everyone's first priority when working in the shipyard. If you see something unsafe or are being asked to do something that you feel is unsafe please contact a steward for guidance. You can also contact MTC Safety at 860-445-6383

I've enjoyed working with you guys this year, stay safe and warm over the shut down. I'd like to wish you a Happy Holidays and a Happy New Year. Spend time with your family and keep up the good work. See you guys next year.

Happy Holidays, Robert Hill /Chief Steward

# Family Restaurant



126 Poquonnock Road

Groton, CT 06340

860-446-1765

~Hours~

Mon: Closed, Tues-Fri: 6 to 1,

Sat-Sun: 6 to Noon



### NOW ACCEPTING NEW PATIENTS!

#### OFFERING:

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- Pediatric Dental Care
- Emergency Treatment
- Cosmetic Dentistry

**Dennis Flanagan, D.D.S M.Sc.**

American Board of Oral Implantology/Implant Dentistry  
American Board of General Dentistry

**Bruce Dougherty, D.D.S.**

**Danielle Green, D.M.D.**

[WILLIMANTICDENTIST.COM](http://WILLIMANTICDENTIST.COM)

Groton Dental Group  
1100 Poquonnock Road, Groton  
(860) 397-6508

Windham Dental Group  
1671 West Main Street, Willimantic  
(860) 359-8119

We participate in MTC Dental Plan | Retiree's Are Accepted



FAMILY DENTAL CENTER

**Vincent Antonelli, D.D.S.**

**Ted Malahias, D.D.S.**

**Sean Kim, D.D.S., FAGD**

115 Bridge Street

Groton, CT 06340

**446-8744**

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“We Cater to Cowards”

FAMILY DENTISTRY

Bonding - Crown and Bridge

FULL PARTICIPANT IN  
MTC DENTAL PLAN



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## \$475

**MORTGAGE APPLICATION  
FEE REBATE\***

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**GAS CARD FOR A NEW  
CHARTER OAK AUTO LOAN\***

### **GO CHECKING**

- 3.00% APY† on Balances up to \$10,000
- ATM Rebates
- No Monthly Maintenance Fee

### **GOLD REWARDS: OUR UNIQUE MEMBER REWARDS PROGRAM\***

- Annual Cash Bonus for Qualified Members
- No ATM Fees
- Special Gold Rates

**FREE CONSULTATION with CHARTER OAK RETIREMENT AND INVESTMENT SERVICES**

For more details, visit [CharterOak.org/content/EB](http://CharterOak.org/content/EB) or  
talk with one of our Member Service Representatives today!

\*Some restrictions may apply. †APY=Annual Percentage Yield.

### **MEMBERS BANK BETTER.**

Live, work or worship in New London or Windham Counties? Join us.



**CHARTER OAK**  
CREDIT UNION

CharterOak.org | 860.446.8085 | 800.962.3237

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## PERSONAL INJURY

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- MALPRACTICE
- ADMIRALTY AND MARITIME INJURIES

## WORKERS' COMPENSATION

- LUNG DISEASES
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- BACK INJURIES

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**CONNECTICUT COVID RELIEF FUND HAS 35 Million dollars in it! Claims can be made by any worker if you were diagnosed with Covid between March 1, 2020 and July 20, 2021.**

**LET US COMPLETE the application process for you. Money is first come, first serve.**

# Covid-19 Relief Fund

For those who need it the most





# Local 261

**Union Meeting:** The next regularly scheduled meeting of IBEW Local Union 261 will be held Tuesday December 14, 2021 2:45 P.M. at the IAM Lodge 1871 Union Hall located at 18 Pleasant Street. The social distancing restrictions will continue. We will notify you if we have to cancel or reschedule the meeting.

At our last membership meeting a motion was passed to supplement the expense to provide a Christmas Holiday Party for our members. Each shift will receive funding to have an event that suits their needs, Please note we have tentatively scheduled Friday December 17th starting at 2:00 P.M. at 40 Thieves 171 Bridge Street for the first shift IBEW Local 261 Members (in good standing).

By now you may have heard that the Federal Mandate for vaccinations has been extended until January 8, 2022. Not to be confused with the Emergency OSHA Standard that has a deadline of January 4, 2022 which has been delayed because of legal suits on some of their language. Confused??? So am I. But! We expect that the vaccination mandate will happen and it will or could impact our well being. The Company explained that the reason for their hesitancy to comply with the mandate was because they were trying to clarify or interpret the language with the government on which contracts required compliance;” Supply or Service “? Confused even more??. ME TOO! But the bottom line is, with the Government Mandate you will be required to get vaccinated, the OSHA Mandate (once it gets out of court) will allow you to work without vaccinations but you will be required to be tested weekly ( at your own expense) and follow social distancing guidelines. Fines and penalties will be levied and enforced.

The Company has decided that the best thing for everyone is we all should be vaccinated; at last something that I can agree with. As you know they have decided to incentivise their employees with a \$500 bonus to all that have been or will be vaccinated before January 4th 2022. There is more to follow on this incentive but we did get a commitment that if you cannot meet the deadline for the vaccination because of the medical timeline from being positive with the virus you will be granted a “temporary medical exemption” as long as you commit to the vaccination. Another issue is that the OSHA Mandate expects employers to know where they stand with the % of employees who have been vaccinated by December 6th. They stated that this is an occupational health requirement that will not violate any HIPAA regulations. There is more to come on this. I believe that vaccinations are the right thing to do, mandate or not. Please note: Hopefully all have made the proper selections for open enrollment including designating their deductions to the HSA account. Also anyone that may need to apply for the new CT Family Paid Leave should contact a Steward for information. If they do not have the answer they can contact me.

On behalf of our Officers and Stewards we wish all you and your family a Merry Christmas and Great New Year. It is important that we work together and we work safely! If we do, we can get through this.

Fraternally,  
Richard McCombs  
President / Business Manager

# Local 614



Dear Brothers and Sisters:

Open enrollment is upon us. November 17th to December 3rd. It is very important to choose the plan that will work for you and your family. With the Enhanced plan the Union negotiated

the company and the company agreed to install \$500 single/\$1000 family into your Health Savings Account and they agreed to match for every dollar up to \$300 single/\$600 family into your HSA as well. This is negotiated for the remainder of our current contract. The money in the HSA is your money even if you leave the company. Talk to a steward if you have any questions.

If you have been vaccinated take a photo of your card and send it to the EB website:

proofofvaccination@gdeb.com with your name and badge# in the subject line. There is a \$500 incentive to get the vaccine. The Union requested a lot more. We were ESSENTIAL WORKERS, working every day without a vaccine, on odd shifts to get the job done. Our Union leadership felt we should have received hazard pay and bonuses. It shows me that the company doesn't really care, as long as the job gets done.

We will be receiving a raise on December 19th. The next scheduled raise after this one is not until January 22nd 2023. With the 13 months in between raises, we will not be receiving a raise in 2022. Our current contract expires on September 29th 2023. It may be our best chance in many years to get a decent package. The Columbia class construction is the nation's 1 priority for our national security. We have to get better than 3% raises. We must push for COST OF LIVING adjustments to offset these peaks of inflation we are experiencing now. We have proven ourselves to be an ESSENTIAL WORKFORCE and we must demand to be fairly compensated for it. Safety shoes. The stewards have the list of our members and their safety shoe status. If you have \$200 on your account please go get your shoes before the end of the year.

Sincerely;

Patrick Joyce  
President





# Free College Benefit!

FreeCollege.metaltrades.org  
888-590-9009

Members and their families  
can earn an Associate Degree with  
NO out-of-pocket cost.



In Partnership With

## EASTERN GATEWAY COMMUNITY COLLEGE

Part of the University System of Ohio



# Metal Trades Free College Benefit!



\$0

### • FREE COLLEGE BENEFIT FOR YOU AND YOUR FAMILY

The METAL TRADES Free College Benefit offers working families debt-free and convenient higher education opportunity. You, your spouse, children, financial dependents and grandchildren, can all take advantage of this exciting opportunity.

### • EASTERN GATEWAY CREDITS ARE TRANSFERABLE

Eastern Gateway Community College is a public, non-profit school in the University System of Ohio and is regionally accredited by the Higher Learning Commission. Credits you earn can transfer to other schools, potentially saving you thousands of dollars.

### • ZERO OUT-OF-POCKET COST

Members and their families can earn an ASSOCIATE Degree online, with no out-of-pocket cost. A last dollar scholarship covers the difference between any Federal Grants and your tuition, fees and e-books at Eastern Gateway Community College (EGCC).

FreeCollege.metaltrades.org - Toll Free: 888-590-9009



# Transfer your prescriptions to the EB Family Pharmacy today for the lowest cost

A new EB employee called and asked if we would be able to fill his medications because he had heard at work that our pharmacy offers great service and great savings. We were able to transfer all seven of his meds over. We also found two coupons, [for his medications]. We applied the coupons and filled the other five prescriptions. We called the patient 40 minutes later to let him know his prescriptions were ready. We gave him the price, which was \$57.80. He was astounded and said he'd been paying over \$500.00 per month for these medications.

Edward Misto, PharmD.  
Pharmacy Manager



Call your pharmacy today to sign up  
Groton, 888-578-3457  
Quonset, 800-891-4235



## Electric Boat Family Wellness Center

The EB Family Wellness Center provides a wide range of services including primary care, same day sick visits, and physical therapy with many services available at no cost.

- **Who is eligible to use the EB Family Wellness Center?**

All eligible employees and dependents age 2+ enrolled in an EB medical plan

- **What will it cost?**

All preventive services, including vaccines and your annual physical, are provided at no cost. Free blood pressure checks and visits with a condition management nurse are also available. Office visits with a medical provider are \$45 a visit and physical therapy services are \$25 a visit. Services will be billed to insurance and applied to your deductible.

- **Where is it located?**

The EB Family Wellness Center is located on the second floor of 32 Chicago Ave, Groton, CT. The same building as the EB Family Pharmacy.



Monday – Thursday, 7 a.m. – 6 p.m.

Friday, 6 a.m. – 5 p.m.

Saturday, 8 a.m. – 1 p.m.



860-629-8272

[www.ebfamilywellnesscenter.com](http://www.ebfamilywellnesscenter.com)

Your privacy is our priority.

Premise Health operates the EB Family Wellness Center and maintains all confidential medical information in accordance with federal requirements for medical privacy. No one at EB will have access to this information.

ELECTRIC BOAT

**Family Wellness Center**

Operated by Premise Health



# Insurance Update

Knowing that some of our members picked the wrong health care plan during our last open enrollment period the MTC asked the company to tell us how many fell into the standard plan. We were surprised about how many members that were affected in all locals.

We are now in open enrollment period at the time of this writing and are trying to touch all the members that are on the standard plan. They will have to call the GD Service Center to reverse that option and enroll in the enhanced plan. Hopefully every one affected will call or go online to make the changes to there plan or the will be stuck with the standard plan another year with out the free seed money and the matching money.

Effective January 1, 2022 our Accident and Sickness Benefit will be raised to \$600 dollars per week while out sick or hurt.

Effective January 1, 2022 a 5% fee schedule improvement to the Dental Plan will be made.

Frank Ward  
Union Insurance Representative  
Cell (401)-499-9661 or (860)-501-3263

Open Enrollment ends DEC 3rd! Please update your elections and plans ASAP if you have not already done so.

EB Optical Shop  
ebopticalshop@gdeb.com 860-433-6934  
STREET SIDE DOOR  
open to employees, retirees, family members  
and contractors.  
Wed & Thurs -8 am.-3:30 pm.  
(closed 1-1:30 pm.)  
1st & 3rd Saturday of Each Month - Closed  
SHIPYARD SIDE  
open to badged employees and contractors.  
Tuesday - 7 am.-4:30 pm. (Closed 1-1:30 pm)  
Friday - 6 am-1:30 pm.

## MTC Safety Report

Painters - Boilermakers - Electricians - Laborers  
Machinists - OPEIU - Pipefitters - Teamsters

The safe worker program has slowed down. I'm hoping we get some volunteers to spend a week with your MTC safety rep in a learning and sharing program. Give me a call if you're interested 860-405-4784.

We have a lot of new hires and will be getting more. Please, keep an eye out for them. I'm not asking you to babysit anyone. We all want to go home the same way we came to work. And to the new hires, no one is out there trying to boss you around, they're just trying to help you. They have knowledge, absorb it.

Holidays are upon us, we need to be safe at work and at home. Please drink responsibly, enjoy your families this holiday. Let's not let another year go by without embracing them.

I hope you have a Wonderful Holiday and a prosperous New Year. Enjoy the shut down, be safe and see you guys next year.

Remember  
Don't hesitate  
Vaccinate



Cat Race  
1st Shift  
860-405-4784

Gary Fontaine  
1st Shift  
860-326-4832

Mark Nall  
1st Shift  
860-326-4729

Bill Zaks  
2nd Shift  
860-326-4353

Jim Palmer  
2nd Shift  
860-326-4341

Safety Office  
860-433-2811

Metal Trades  
445-6383/1277